

MISSION STATEMENT

It is the mission of the Comprehensive Psychiatric Emergency Program (CPEP) of Mental Health and Mental Retardation Authority of Harris County to promptly and accurately assess and evaluate consumers in Harris County experiencing a mental health crisis. The Comprehensive Psychiatric Emergency Program (CPEP) will utilize the least restrictive means of stabilizing and treating consumers so as to maximize social, occupational, familial and educational functioning, return consumers to their homes, and when necessary, make referrals to an outpatient treatment program. Stabilization at CPEP will enhance the opportunity for consumers to avoid unnecessary inpatient hospitalization

VISION STATEMENT

By offering accessible, prompt, high quality assessments, and efficient and effective stabilization and treatment, the Comprehensive Psychiatric Emergency Program (CPEP) staff will provide a means to deal with crises in a timely manner, ensuring de-escalation of the current crisis and restoration of functioning in a least restrictive environment, this results in an improvement in the quality of life for consumers of mental health services, but will also reduce costs to the community by reducing hospitalizations and incarceration in jail.

VALUES STATEMENT

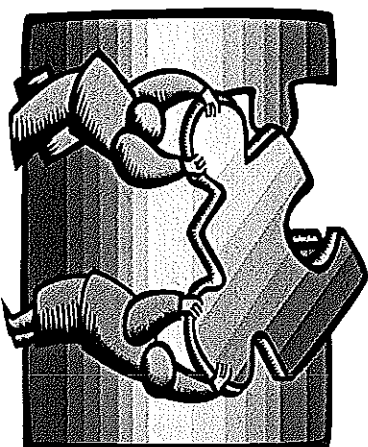
The Crisis Residential Unit of the Comprehensive Psychiatric Emergency Program (CPEP) of MHMRA of Harris County has adopted the following values as being central our mission.

- ❖ INTEGRITY
- ❖ ACCOUNTABILITY
- ❖ CONSUMER DRIVEN
- ❖ QUALITY
- ❖ EFFICIENCY

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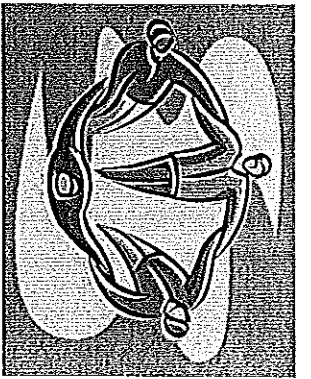
**CRISIS
RESIDENTIAL
UNIT**



An Affiliate of the Harris Center for
Mental Health and IDD-
Comprehensive Psychiatric
Emergency Program

**The HARRIS
CENTER for**
Mental Health and IDD

Transforming Lives



The Crisis Residential Unit (CRU) was established in an ongoing effort to divert individuals with severe and persistent mental illness from hospitalization, incarceration or institutionalization and to return these consumers of mental health services to their communities as quickly, effectively, and inexpensively as possible. The CRU seeks to meet the needs of consumers who are experiencing psychiatric crisis and need care (in excess of 3-5 days) in a residential facility for stabilization, but who are not in need of hospitalization due to incapacity or very high lethality. The CRU is centrally located in the downtown Houston area, close to the medical center.

The anticipated length of stay in the CRU is 10 – 14 days and up to 21 days in the Post-Hospital CRU, with the likelihood that some consumers will exceed this length of stay while others will require fewer days. This model acknowledges the need for intensive rehabilitation services to be provided to consumers with the goal of eventual recovery from the disabling effects of mental illness and in some instances, co-occurring substance use disorders. Rehabilitation services in the CRU focus on mastery of activities of daily living, problem solving, improving communication skills, using cognitive behavioral therapy techniques to regulate mood and managing co-occurring substances use/abuse disorders.

The CRU has an 18-bed capacity and is staffed with a part-time physician who is board certified in psychiatry, a clinical director and staff of Licensed Professionals of the Healing Arts (LPHAs), and a full-time RN. Additional staff includes paraprofessionals who are trained extensively in the use of therapeutic, rehabilitative techniques.

Referrals for admissions to the CRU are accepted from within the MH/MRA system and from private hospitals and all community resources. Referrals from physicians who have already assessed the consumers are encouraged, but referrals from other mental health professionals will also be accepted.

The CRU emphasizes discharge planning and linking consumers to community referrals for housing, health care, employment, social security and other needs. One goal of the CRU is to link these consumers with sufficient support so that future utilizations of expensive emergency and hospital services will be minimized.

The CRU is located at 2627 Caroline St, between Dennis St. and McGowen St., and operates 24-hours per day, 365 days per year. The mailing address is 2627 Caroline St., Houston, Texas 77004. Inquiries about the program and referrals may be directed to the Assistant Deputy, Mende Snodgrass, at 713.970.7433 or 713.970.7474.