

DO YOU EXPERIENCE **ANXIETY** OR **DEPRESSION**



You may be eligible to participate in a research study testing a mobile app to reduce symptoms of anxiety and depression during the Covid-19 pandemic

TO PARTICIPATE IN OUR STUDY YOU MUST BE

- Are 18 or above
- Identify as Black, Latinx, American Indian, Non-Latinx White

PARTICIPATION FOR THE RESEARCH STUDY INCLUDES

- One enrollment phone call
- Complete daily surveys in a smartphone application for 6 months
- Complete baseline and follow-up surveys in the app

*This research study has been reviewed by the University of Houston Institutional Review Board (IRB)

Earn at least \$20
for participating and
up to \$410

for completing the study

*if you do not have a smartphone,
a phone will be provided to you!*

WE CAN
HELP

CONTACT US

346-495-3962



Point your smartphone camera at the code above to see if you are eligible to participate in this study

OR

Type txease.com into your internet

RESTORE LAB

Research in Emotion, Substance Treatment Outcomes,
UH IRB Approved & Racial Equity
8/1/2022 - 2/24/2023

HEALTH
NIMHD - RCMi
Addictions Research and Cancer Prevention

